



# WHOLE FISH SELECTIONS

Estia brings in only the freshest fish from Greece and around the world. Whole fish are charcoal grilled served with ladolemeno, oregano, and capers. We recommend one pound of fish per person. Fish are priced by the pound.

**LAVRAKI** **28/lb**

“Loup de Mer” European sea bass, lean white meat with moist tender flakes

**TSIPOURA** **27/lb**

“Royal Dorado” is extremely moist with a mild flavor

**LETHRINI** **39/lb**

“The Greek Pride” White lean fish from the snapper family with a delicate sweet flavor

**FAGRI** **35/lb**

Firm and flavorful Mediterranean white snapper

**BARBOUNI** **40/lb**

Served on the bone pan fried in olive oil, these Portuguese Red Mullet have a sweet flavor and aroma

**BLACK SEA BASS** **32/lb**

Baked in sea salt, served with parsley sauce and grilled vegetables

**DOVER SOLE** **44/lb**

Fresh Dover Sole from Holland is pan sautéed

**ASTAKOS** **29/lb**

Live Maine deep-water lobsters, split, claws de-shelled and charcoal grilled

**KARAVIDES** **45/lb**

“Langoustines” a Mediterranean delicacy with a sweet and succulent flavor

**JUMBO AFRICAN PRAWNS** **45/lb**

Grilled then marinated in a Metaxa infused ladolemeno served with an arugula, tomato and feta salad

*Our chefs remove the middle bone unless otherwise instructed. Some small bones may remain.*



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